2024-2025 Dress Code Guidelines

The primary purpose of our dress code policy is to ensure that our students are neat, clean, and well-groomed for school activities. Their appearance should reflect the Christian values of our school and foster a positive learning environment. Parents are responsible for ensuring their children dress according to this code.

General Appearance

- Students should dress neatly.
- Clothes should be clean and tidy, not tight-fitting, revealing, or inappropriately oversized.
 Holes, rips, and excessively frayed clothing will not be tolerated.
- RLS school dress code colors (navy, light blue, khaki, or white for tops and navy or khaki for bottoms) should be worn on designated uniform days.
- Girls in JK-8th grade may also wear the designated plaid available from specific vendors.
 Middle School students may wear any solid color top with a collar and khaki or navy bottoms on school uniform days.

General Dress Code

Pants/Shorts/Skorts/Skirts:

- (Boys) Walking shorts or pants are required. The fit should be comfortable and not too loose or too tight. (Girls) Walking shorts, skirts, skorts, jumpers, or pants are required. The fit should be comfortable and not too loose or too tight.
 - Length should be mid-thigh or longer for **JK-4th Grade**.
 - **5th-8th grade** girls shorts/skorts/skirts should be no shorter than 7 inches from the back of the crease of the knee.
- Dresses (Girls) Length should fall on the top of the knee.
 - The dress should be the designated school color or plaid.
 - Collared shirts must be worn under jumpers or sleeveless dresses.
- Students are encouraged to wear pants that touch the top of their shoes.
- No sweatpants, soccer shorts, gym shorts, etc.

- No cut-offs are permitted unless hemmed.
- No spandex or leggings may be worn as pants.
- **Girls (JK-4th)** may wear leggings under skirts, jumpers, or dresses that are at least mid-thigh in length. **5th-8th grade** girls may wear leggings under shorts, skorts, and skirts. Leggings should follow the RLS school color guidelines outlined under "Dress Code: General Appearance."

Shirts:

- Must have a collar or turtleneck.
- Sleeveless shirts for girls in warmer weather are allowed as long as they have collars, the material between the neckline and arm is at least "three fingers" wide (no "spaghetti straps"), and the shirt is form-fitting around the armpit area.
- Shirts should not have designs or writing, except for approved shirts with the school logo. ● No plunging or scooped neckline.
- No see-through or meshed material.
- Usually, shirts do not have to be tucked in, but it is at each teacher's discretion whether they should be on certain occasions.

T-shirts:

- Can be worn on designated days only.
- Designs or writing on the t-shirt should be age-appropriate.
- Crude language or pictures will not be tolerated.

Shoes:

- Students are encouraged to wear sneakers or dress shoes.
- For safety reasons, open-toed and/or open-backed shoes are prohibited. This includes flip-flops, sandals, Crocs, and clogs.
- Platform shoes and high heels are not permitted.
- Athletic shoes or sneakers should be worn on PE days.

Socks and Tights:

 It is expected that socks are generally to be worn in school for safety or hygiene reasons.
 Girls may wear tights matching the child's outfit.

Cardigans:

Should match the child's outfit.

Sweatshirt/Pullover Sweaters:

- Acceptable to wear inside if they are solid school uniform colors or RLS Spirit Wear and do not have significant wording, lettering, or art besides school logos/designs.
- Other sweatshirts may only be worn as "coats" and must be removed when students enter the classroom. Coats:
 - Should not be worn in the classroom.
 - No restriction on design, color, or style.

Hats and Scarves:

- To be worn outside.
- No offensive logos or words.

PE Dress Code

Students in JK-3rd Grade:

• For PE days, students should wear regular school uniform attire (school uniform shorts/skorts or pants and school uniform collared shirt/top).

Students in 4th-8th Grade:

- Wear the new 2023 PE Uniform (SAME for '24-'25 school year) on MONDAYS.
- All students should wear socks and athletic shoes on PE Days.
- For colder weather on PE days, students may wear navy sweatpants. Girls
 may wear navy leggings under their navy shorts. Sweatshirts may be worn
 during PE class if they are RLS Spirit Wear sweatshirts or plain navy/gray.

SPIRITWEAR DAYS and DRESS DOWN DAYS

For the 2024-2025 school year, every **Friday**, including **ALL Early Release Days**, will be "**School Spirit Wear Fridays**.". Students may wear any "school spirit wear" with navy, khaki, or denim (jeans) bottoms. (Students may wear regular school uniforms on Fridays as an alternative to spirit wear.)

PSO School Store link - https://rlscary.itemorder.com/shop/home/

 JK-4th Grade Classroom teachers may award a "dress down day" monthly for their classroom.
 The 5th-8th Grade teachers will collaborate to award a "dress down day" once a month.
 We will have special Dress Down Days throughout the school year for fundraisers and special events.

Dress Down Day Guidelines:

"Dress Down Day" allows our students to dress comfortably and casually while maintaining a neat and well-groomed appearance. This opportunity promotes a positive and relaxed atmosphere while ensuring appropriateness in their attire. To participate in Dress Down Day, please refer to the **General Appearance and General Dress Code Guidelines** to ensure that the casual attire adheres to our school's standards. **Let's make Dress Down Day an enjoyable and respectful experience for everyone!**